October 22nd 2018 Hilliard Davidson Boys Cross Country Report

District Championships @ Darby 50 degrees and very windy.

**Name Honors**

1. Conner Johanssen-12 1st Team ALL-District
2. Max LeClair-12 1st Team ALL-District
3. Jack Altman-12 1st Team ALL-District
4. Nick Sauvey-12 1st Team ALL-District
5. Mitchell Montgomery-11 1st Team ALL-District
6. Alex Hudson-9 1st Team ALL-District
7. Xavier Gallo-11 1st Team ALL-District

**District Recap:** The wind was strong and that made for a strategic race. The plan was to bunch up and have Johnson of Central, block the wind the first loop while staying as relaxed as we could. The second loop was where the race began and the effects of the wind would take it out of the runners working too hard in the first loop. Conner Johanssen-12 ran a smart race before taking control the second loop and becoming race champion in 16:01. The bouncing Max LeClair-12 worked hard but could not stick to Johnson and finished 3rd in 16:16. Jack Altman-12 ran a great race improving on his OCC effort to place 6th in 16:31. Next was a group of Davidson runners finishing in places ; 9, 11, 12 & 15 to join the whole team in earning 1st Team ALL-District. Nick Sauvey-12 (16:54), Mitchel Montgomery-11 (16:55), Alex Hudson-9 (16:56) and Xavier Gallo-11 (17:03). What I can say is that we need to stay connected the whole race if we are to run our best race at state. After two miles, Sauvey-12, Hudson-9, Montgomery-11 and Gallo-11 let go of Altman-12. This lack of concentration made a gap that was filled with wind and a few runners from other teams. Next week we must stay focused to achieve a Regional Championship.

**Team Stats:** 16 Teams 1**. Davidson-30** 2. Pickerington Central-64 3. Upper Arlington-80

4. Hilliard Darby-95 5. St. Charles-164

**Record:**  15 Wins 0 Lost **Total Record** 150 Wins 5 Lost

**Split:** 16:01 to 16:55 = 54 seconds

**Score:**  1, 3, 6, 9, 11 = 30 points **Seven 1st Team ALL-District Runners!**

**District Champions:** 2018, 2017, 2016, 2014, 2013, 2012, 2011, 2008, 2007, 2006, 2005, 2004, 2003, 2002, 2001, 2000.

**JV District Championships**

Name 5K Place PR

1. Nate Gilbert-10 17:05 1 16:59 **JV District Champion**
2. Brian Stroh-11 17:27 7 17:09
3. Colin Buckley-11 17:28 8 16:49
4. RJ Sagrilla-10 17:36 10 17:23
5. Henry Byrne-10 17:41 13 17:32
6. Mitch Messer-11 17:49 23 16:55
7. Thomas Lynch-11 17:51 27 17:22
8. Noah Pease-10 17:52 29 17:30
9. John Steitz-12 17:59 17:45
10. Carson DeCarlo-12 18:01 17:11
11. Ray Chung-12 18:04 17:38
12. Nick Puhl-9 18:07 17:39
13. Zach Whitney-9 18:09 17:38
14. Zach Lewis-11 18:12 17:42
15. Nick DeSilva-11 18:21 17:50
16. Trevor Sommers-10 18:22 17:45
17. Luke Perez-11 18:26 17:56
18. Phil Nolette-12 18:35 18:09
19. AJ Hoying-10 18:50 18:15
20. Jay Chung-10 18:52 18:21
21. Noah Andrews-10 19:04 18:46
22. Emmitt Hoying-12 19:31 18:15
23. Jacob Bauer-12 19:37 19:02
24. Roman Niemeier-9 19:50 18:56
25. Kirk Myers-11 20:23 19:14

**JV District Recap:** Wind, hail and rain greeted the Davidson runners in this very large JV race. Gahanna took to the front and we lagged back early. As the race developed, Davidson did move up but Gahanna’s top three runners were too much for us to overtake. Davidson did have the race champion in Nate Gilbert-10, who pulled ahead into the wind in 17:05. Brian Stroh-11, also had a great run to the finish into the wind to place 7th in 17:27. Colin Buckley followed Stroh in 8th place (17:28), while RJ Sagrilla-10 crossed the line in 10th (17:36). Davidson’s fifth man was Henry Byrne-10, who placed 3rd in 17:41. I am sure Davidson ran more this week against most team’s fresh legs and their last race. NXR will be awesome and I am very proud of each of you.

**Scores**

1. Gahanna 2 4 5 9 11 31
2. Davidson 1 7 8 10 13 39
3. Liberty 3 12 15 18 25 73

**The Davidson Travel Team: 3 NXR Races: Varsity, 9-10 and Open**

***Conner Johanssen-12 Max LeClair-12 Nick Sauvey-12 Jack Altman-12***

***Mitch Montgomery-11 Xavier Gallo-11 Alex Hudson-9 Mitch Messer-11***

***Nate Gilbert-10 Colin Buckley-11 RJ Sagrilla-10 Brian Stroh-11***

***Noah Pease-10 Carson DeCarlo-12 Nick Puhl-9 Ray Chung-12***

***Zach Lewis-11 John Steitz-12 Trevor Sommers-10 Henry Byrne-10***

***Zach Whitney-9 Nick DeSilva-11 Luke Perez-11 Thomas Lynch-11***

***This group of young men have displayed excellence every day. Their commitment and hard work for Davidson has earned them the right to continue on to NXN Nationals. The expectations of this group are to be at all functions and focus on the varsity team’s journey as we prepare for the State Championships and NXN Nationals. I am thrilled to have so many talented young runners learning what success is. Their journey through the middle of November is just getting started and they will learn no matter how fast they are today that their expectations are to develop into championship runners and teams. There will be a fee and the runners will get a Uniform top for JV and NXN meets.***

**Regional Schedule:**

9:30 AM Bus Leaves

12:30 PM Boys Race